# Akashic Angels: Book of Answers



by Stewart Farquharson

#### What is this reiki for?

Have you ever known how to do something without learning about it? Have you ever had skills in athletics, music, the arts which simply "came to you?"

There is a theory that we are not just ourselves - that we are many selves living many life experiences at the same time. And these selves can visit us in our dreams and help us. You could be a fireman in one life and a poet in another. You could be a man in one life and a woman in another.

The place where all your living experience is stored, is called the Akashic Records. It is like a library. This reiki system sets out to allow you to get help from your personal Akashic library, with the help of other Selves.

### Getting Started

It is not as easy as asking our other Selves to help us solve all our life's problems at once. We must focus on one thing. It could be money, romance, protection, health... whatever we like.

An easy way to do this is to use a symbol. Just picture the symbol in your mind, call upon the energy of Akashic Angels Reiki, and ask to be given help. You will get information soon in a dream, or by an odd coincidence in your daily life, or by a feeling of energy that gives you the courage and common sense to deal easily with the problem.

So here are some symbols we can use:



This is our symbol for opening the Akashic Library.



Protection, money, spiritual growth Food & health, romance, success

One thing at a time, please!

## Working with Akashic Angels: Book of Answers Reiki

The usual experience is that you open the library, focus on one wish, ask for help from your Lifetimes of Knowledge, then close the book and go on about your day or fall asleep at night. The answers are revealed gently.

If you wish, surround yourself in a protective White Light and this will keep any negative self-sabotage stuff away. If you have trouble accepting your right to succeed... ask your other Selves how to do this. Sometimes it is more about our personal attitudes than problems outside. You HAVE been a success in your other lives, trust me in this.

To attune others to this system, you should be a Reiki Master. Use any method you prefer. To accept this attunement you could say aloud, "I now accept the attunement to Akashic Angels Reiki from (name of Teacher) in a way that is good for my health and spirit."

Good luck!

#### Stewart



**Disclaimer**: This energy system is intended for relaxation and wellness and spiritual growth, but people with medical problems should of course continue to see their doctors and get medical advice from a professional